

Summary of Pathways to Mental Health Rehabilitation Technician (MHRT) Certificates

As of November 1, 2021

MHRT Community (MHRT/C)

Applicants who do not have a degree or certificate from a pre-approved academic program (Pathway A) **must complete** the free, one-hour online training [“An Introduction to Maine’s Mental Health System”](#) found on the [Muskie Center for Learning site](#).

Competency Domains: 1. Behavioral, Psychological, and Rehabilitation; 2. Community Integration and Inclusion; 3. Ethics and Professional Conduct; 4. Trauma and Resiliency; 5. Policy Knowledge; 6. Mind-Body Connection; 7. Cultural Competency 8. Vocational Support

Domains 1,2, and 3 are core competencies

Pathway	Preparation	Description
A	Degree or certificate from a pre-approved academic program for full certification	<ul style="list-style-type: none">• There are currently 30 approved degree and certificate programs across Maine whereby a student can obtain full MHRT/C certification while also earning academic credit.
B	4-year or higher related degree and LSW now eligible for full certification	<ul style="list-style-type: none">• Related degrees are in allied areas such as mental health and human service, rehabilitation, social work, counseling, and more, from accredited colleges or universities.• If transcript review identifies missing competencies, at least half of the missing domains must be completed within the first year.• Can complete up to four missing competency domains toward full certification using (up to two domains in six months) of related work experience and/or with 30 hours of relevant training per domain. There are pre-approved trainings and individuals may also submit to CFL other trainings for determination of relevance/approval. <p>*Credit for work experience cannot be used for domains 1 or 3.</p>
C	<ul style="list-style-type: none">• 2-year related degree or• 30 related academic credits or• 4-year unrelated degrees or• No academic degree and at least 12-month related behavioral health direct service experience	<p>Eligible for provisional certification</p> <ul style="list-style-type: none">• Can complete up to four missing competency domains toward full certification using (one domains per six months) of related work experience and/or with 30 hours of relevant training per domain. There are pre-approved trainings and individuals may also submit to CFL other trainings for determination of relevance/approval.• Any missing priority domains MUST BE COMPLETED within 60 days. <p>*Credit for work experience cannot be used for domains 1 or 3.</p>

Pathways to the MHRT I

- Provisional certification requires HS diploma, reviews 2006 Provisional Mental Health Support Specialist (MHSS) Handbook with employer/supervisor who signs off on review via a Provisional MHRT I Form which is submitted to Muskie Center for Learning
- To move to full certification the following trainings must be completed within 1 year:
 - MHSS (substantially equivalent trainings allowed; submit to Muskie CFL for determination of approval); current [MHSS Waiver Policy](#) continues
 - DHHS-Approved Behavioral Intervention Training (e.g. MANDT, PRAB, Safe Crisis Management; substantially equivalent trainings allowed; submit to Muskie CFL for determination of approval)
 - First Aid
 - CPR
- The CRMA is no longer required for full MHRT I certification; it is a stand-alone credential that is only required for staff who are passing medications.